



Relish
feed the appetite

Orchard School Bristol

Week 1

Monday

- **Meat:** Theo's Chicken Sausages Served with Mashed Potatoes & Baked Beans
- **Vegetarian:** Roasted Vegetable Lasagne Served with Green Beans & Garlic Bread
 - **Jacket Potato:** Cheese & Coleslaw
 - **Dessert:** Fruit Flapjack & Custard or Whole Fruit Piece

Tuesday

- **Meat:** Beef Bolognese served with Pasta Shells, Salad and Garlic Bread
- **Vegetarian:** Vegetable Spring Roll Served with Egg Fried Rice & Sweet & Sour Sauce
 - **Jacket Potato:** Tuna or Cheese
 - **Dessert:** Treacle Sponge & Custard or Whole Fruit Piece

Wednesday

- **Meat:** Roast Chicken Served with Winter Greens and Boiled Potatoes & Gravy
- **Vegetarian:** Roasted Quorn Fillet served with Winter Greens and Boiled Potatoes & Gravy
 - **Jacket Potato:** Vegetable Bolognese
- **Dessert:** Fruit Cookie or Whole Fruit Piece

Thursday

- **Meat:** Pork & Carrot Meatballs Served with Boiled Rice & Green Beans
 - **Vegetarian:** Vegetable Ratatouille Served with Rice
- **Jacket Potato:** Tuna Mayo – Plain Tuna
- **Dessert:** Lemon Curd Sponge & Custard or Whole Fruit Piece

Friday

- **Fish:** Breaded Fish served with Chips & Peas
- **Vegetarian:** Veggie Burger in a Bun served with Chips & Peas
 - **Jacket Potato:** Cheese & Baked Beans
- **Dessert:** Fruit Shortbread or Whole Fruit Piece

Daily extras: A Selection of Sandwiches, Rolls, Paninis, Salads, Yogurts and Fresh Fruit are Available Daily.

All the above Main Courses are served with Potatoes and Seasonal Vegetables/Salad of the day.

Week commencing: ● 05.11 ● 26.11 ● 17.12 ● 21.01 ● 11.02



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Week 2

Monday

- **Meat:** Chicken Curry served with Rice & Mango Chutney
- **Vegetarian:** Quorn Sausage served with New Potatoes & Green Beans
- **Jacket Potato:** Vegetable Ratatouille
- **Dessert:** Apple Crumble & Custard or Whole fruit Piece

Tuesday

- **Meat:** Beef Cottage Pie served with Mixed Vegetables & Gravy
- **Vegetarian:** Macaroni Cheese Served with Mixed Vegetables
- **Jacket Potato:** Tuna Sweetcorn Mayo / Plain Tuna
- **Dessert:** Fruit Cheesecake or Whole fruit Piece

Wednesday

- **Meat:** Roast Pork Served with Roast Potatoes, Carrots, Gravy & Apple sauce
- **Vegetarian:** Quorn Fillet Served with Roast Potatoes, Carrots & Gravy
- **Jacket Potato:** Cheese & Coleslaw
- **Dessert:** Lemon Drizzle Cake or Whole fruit Piece

Thursday

- **Meat:** Beef Burger served in a Bun with Salad & Potato Wedges
- **Vegetarian:** Mexican Rice & Bean Casserole Served with Salad
- **Jacket Potato:** Quorn Chilli
- **Dessert:** Pineapple upside down cake with Custard or Whole fruit Piece

Friday

- **Fish:** Fish Fingers served with Chips, Peas & Sweetcorn
- **Vegetarian:** Quorn & Vegetable Pizza served with Chips & Salad
 - **Jacket Potato:** Cheese & Baked Beans
 - **Dessert:** Cookie or Whole fruit Piece

Daily extras: A Selection of Sandwiches, Rolls, Paninis, Salad, Yogurts and Fresh Fruit are Available Daily.

All the above Main Courses are served with Potatoes and Seasonal Vegetables/Salad of the day.

Week commencing: ● 12.11 ● 03.12 ● 07.01 ● 28.01



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Week 3

Monday

- **Meat:** Hot Dogs (Pork) & Onions served with Jacket Wedges & Baked Beans
- **Vegetarian:** Three Bean Vegetable Chilli Served with Rice
- **Jacket Potato:** Cheese & Baked Beans
- **Dessert:** Jam Sponge & Custard or Whole fruit Piece

Tuesday

- **Meat:** Chicken Hot Pot, Served with Sauté Potato Carrots & Sweetcorn
- **Vegetarian:** Cheese & Red Onion Quiche Served with Sauté Potatoes & Salad
- **Jacket Potato:** Spinach & Chickpea Curry
- **Dessert:** Chocolate Cake with Chocolate Sauce or Whole fruit Piece

Wednesday

- **Meat:** Roast Beef, Yorkshire pudding served with Roast Potatoes, Winter Greens & Gravy
- **Vegetarian:** Quorn Fillet, Yorkshire pudding served with Roast Potatoes, Winter Greens & Gravy
- **Jacket Potato:** Cheese & Coleslaw
- **Dessert:** Angel Delight or Whole fruit Piece

Thursday

- **Meat:** Beef Lasagne served with Salad & Garlic Bread
- **Vegetarian:** Cheese & Potato Pie Served with Peas & Corn
- **Jacket Potato:** Vegetable Bolognese
- **Dessert:** Orange Cake with Custard or Whole fruit Piece

Friday

- **Fish:** Battered Fish served with Chips & Baked Beans
- **Vegetarian:** Vegetable Curry Served with Rice & Peas
 - **Jacket Potato:** Tuna Mayo / Plain Mayo
- **Dessert:** Chocolate Crunch or Whole fruit Piece

Daily extras: A Selection of Sandwiches, Rolls, Paninis, Salad, Yogurts and Fresh Fruit are Available Daily.

All the above Main Courses are served with Potatoes and Seasonal Vegetables/Salad of the day.

Week commencing: ● 19.11 ● 10.12 ● 14.01 ● 04.02